

# FEELING NERVOUS?



YOU CAN BRING A SUPPORT  
PERSON TO YOUR VACCINE  
APPOINTMENT



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Our lived experience is our strength

# HOW WAS THE COVID-19 VACCINE APPROVED SO QUICKLY?



THE TECHNOLOGY BEHIND THE  
PFIZER VACCINE HAS BEEN IN  
DEVELOPMENT FOR DECADES



RESEARCHERS ALL AROUND THE  
WORLD, HAVE WORKED TOGETHER  
AND SHARED DATA



NO SHORTCUTS HAVE BEEN TAKEN  
AND MEDSAFE CAREFULLY  
REVIEWED THE DATA BEFORE  
APPROVING FOR USE IN AOTEAROA



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# SUPPORTING TĀNGATA WHAI I TE ORA

(People with lived experience of mental distress  
and/or addiction)

## DO:

- HELP US FEEL SAFE AND FULLY INFORMED
- ADDRESS CONCERNS WITHOUT JUDGEMENT
- OFFER VACCINES IN PLACES WE CAN ACCESS, AND WITH PEOPLE WE TRUST
- SUPPORT OUR CHOICE TO HAVE PEOPLE WE TRUST WITH US BEFORE, DURING AND AFTER VACCINATION

## DON'T:

- DISMISS OUR LIVED EXPERIENCES
- TRY TO FORCE OR COERCE OUR CHOICE
- IGNORE BARRIERS TO ACCESSING THE VACCINE



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# DOES THE VACCINE INTERACT WITH OTHER MEDICATIONS OR SUBSTANCES?



THERE ARE NO KNOWN INTERACTIONS  
BETWEEN THE COVID-19 PFIZER  
VACCINE AND OTHER SUBSTANCES

DISCUSS WITH YOUR TRUSTED HEALTH  
PROFESSIONAL IF YOU HAVE QUESTIONS

**IF I AM UNDER THE  
MENTAL HEALTH ACT, DO I  
HAVE TO HAVE THE  
COVID-19 VACCINE?**

THE COVID-19 VACCINE IN NEW ZEALAND  
IS MANDATORY ONLY FOR PEOPLE WHO  
ARE SUBJECT TO THE COVID-19 PUBLIC  
HEALTH (VACCINATIONS) ORDER.



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